# ENERGY MEDICINE AND OLIGOSPERMIA PROF. DR. YASSER EL-NAGGAR, FACULTY OF MEDICINE ZAGAZIG UNIVERSITY, EGYPT

## Introduction:

Conception normally is achieved within twelve months in 80% - 85% of couples who use no contraceptive measures.

Infertility is failure of a couple to achieve pregnancy after a year of regular unprotected sex.

Oligospermia is a condition in which there is abnormally low number of sperm in the ejaculate of the male. The normal range of sperm count is between 20 - 120 millions per milliliter, sperm count below 20 million per milliliter indicate Oligospermia.

Data available over the past twenty years reveal that in approximately 30% of cases pathology is found in male alone, and in another 20% both the male and woman are abnormal. Therefore the male factor is at least partly responsible in about 50% of infertile couple (*Sandlow 2001*).

Radionic analysis, diagnosis and therapy have progressed rapidly over the last twenty years. High success rate in treating different diseases which considered idiopathic in conventional medicine is a step forward development in the medical field.

## Aim of the study:

The aim of this study is to prove that radionics has a role in treating idiopathic oligospermia patients, depending on fixed classification for letters and numbers, as a step to stabilize homeopathy as a base evidenced medicine, in a well controlled studies like conventional medicine.

At the same time it investigate the role of radionic analysis for the functions of prostate, testes, epididyms, seminal vesicle and vas deference which shares in the formation of semen, and any functional disorder of any one of them may affect sperm vitality or seminal fluid properties which may interfere with ovum fertilization. We must take in mind that some of these structures are not assessed functionally in conventional medicine.

Over all this study try to explain how non-material resonant vibrations, can balance the organ dysfunctions of oligospermic patients, on the way to improve sperm motility, decrease the percent of its abnormal forms, and increase sperm number.

Lastly this study planned to explain the effectiveness of natural means of diagnosis and therapy in reducing the percentage of idiopathic oligospermia and improved the outcome of infertility therapy especially in man.

## Material and methods:

From 2002 to 2004, 18 cases of oligospermia were studied. For every case radionic organ dysfunction was diagnosed using the pendulum, which also used in selecting the specific homeopathic remedy for every disordered organ depending on proposed classification originated from an old Arabic classification for numbers and letters, which I found it of value to facilitate selection of the specific homeopathic remedy for any specific indication from over three thousand remedies which can not be memorized by any mind together with its clinical effects.

All the selected medicines tested for potencies, also by pendulum and prepared in sugar pellets or water drops by remedy maker.

Therapy was supplement by fixed herbal formula including, L-carnitine tablets, Ginseng and black seed capsules.

For every case semen analysis was done before therapy and every two months then retesting the patient blood specimen, diagnosing the new organ disorder and giving the selected homeopathic remedies, the tissue salt or Bach flower remedy using pendulum.

Semen analysis was performed according to WHO guidelines of normal values which are: volume 2 ml or more, sperm count 20 million / ml or more, motility 50% or more, morphology 30% or more with normal forms (*WHO 1999*).

Statistical analysis was done for the resulting data and the results were evaluated.

## Naggar classification:

During the last 10 years of using pendulum for radionic analysis, diagnosis and therapy, I had tried a number and letter classification, based on an old Arabic one, to help me to select the indicated homeopathic remedies in simple easy way, instead of testing long lists of remedies to select the resonant one to the patient wetness.

Classification of numbers and letters is:

A 1	В 2	C 3		E 5	F 6	G 7	H 8	I 9
1	2	3	4	5	0	/	0	9
J 10		L 30		N 50	O 60	P 70	Q 80	R 90
								10
S 100	Т 200		V 400	W 500	X 600	Y 700	Z 800	

	D 4			
	M 4			
	V 4			

If I sum the numbers of each letter it results in:

Also can be arranged in this way:

1	2	3
A J S	В К Т	C L U
4	5	6
D M V	E N W	F O X
7	8	9
G P Y	Z H Q	I R

By using pendulum you can select the resonant number for the blood specimen i.e. whole body resonant number, and also the resonant letter from the three letters under this number .Then select the resonant homeopathic remedy from the list of homeopathic remedies which start with this letter in their names. If you evaluate this selected remedy according to your knowledge about it, or even if you read this remedy again in the repertory you will find that it cover most of the symptoms of the patient especially the main symptom. Then you can continue to select the indicated remedy for every organ disordered, or for the diagnosed disease by conventional medicine or for laboratory test results which were abnormal.

After selecting the indicated remedies you can test the potency, first the letter (dilution) then the number, for every remedy in the same way from the following table:

Х	C		Μ	CM	[	MM	-	LM
1	2	3	4	5	6	7	8	9
10	20	30	40	50	60	70	80	90
100	200	300	400	500	600	700	800	900

If you test the potencies which resonate with patient blood sample, you will get the best results which can not obtained if you chose the best remedy and give it according to the potency you decide depending on the experience which vary very much between different

practitioners but can not vary if you depend on radionic means to select the resonating potency.

For selection of tissue salts, nosodes, flower remedies, element, colour, etc., you test their resonance directly because they present in small number of remedies and then test their potencies.

## Results:

This study included 18 patients, their ages were between 27 and 45 years old and their mean age was  $32 \pm 4.3$  years.

Number of patients	18	18	10	3
Time of therapy ( months )	At the start of therapy	After 2 months	After 4 months	After 6 months
Mean $\pm$ SD	$27.4 \pm 28$	$46.1 \pm 40.9$	$44.3 \pm 40.7$	$29.2 \pm 22.96$
Range	0 - 90	0.01 - 120	0 - 110	1 - 52
Median	19	40	40	35

Table (1) count of sperms million per ml

Table (1) represents the sperm count at the start of therapy and every two months with a mean of  $27.4 \pm 28$  before the start of treatment, and  $46.1 \pm 40.9$ ,  $44.3 \pm 40.7$  and  $29.2 \pm 22.96$  after 2, 4 and 6 months respectively. It shows that there is always increase in the number of sperms in relation to the start result every 2 months, except in three patients in one of them sperm count increased from 0.015 sperm in million per milliliter up to one million per milliliter over 10 months, then stop at one million, he is a policeman in very important position with very high level of stress.

In the other patient sperm number increased from 0.010 up to 0.5 million per milliliter over two months and return to zero suddenly in the next 2 months after he has taken 3 antibiotics prescribed by his physician for acute tonsillitis and he stop follow up with me.

In the third patient sperm count increased from zero count up to 0.25 million / ml and stopped follow up with me.

Number of patients	18	18	10	3
Time of therapy	At the start of	After 2 months	After 4 months	After 6 months
(months)	therapy			
Mean $\pm$ SD	$2.5 \pm 1.4$	$3.16 \pm 0.7$	$3.6 \pm 1.17$	3 ± 1.7
Range	0.5 - 6	1 - 4	1-5	2 - 5

Table (2) volume of seminal fluid in ml:

Table (2) shows the volume of seminal fluid at the start of therapy and every 2 months with a mean volume of  $2.5 \pm 1.4$  ml at the start of treatment which increase to  $3.16 \pm 0.7$  ml after 2 months in 18 patients, a mean of  $3.6 \pm 1.17$  ml after 4 months in 10 patients and  $3 \pm 1.7$  ml after 6 months in 3 patients.

Theses results are within the normal range except in one patient which stops at 1 ml during 4 months of treatment.

Table (3) abnormal forms of sperms in % (percent):

Number of patients	18	18	10	3
Time of therapy	At the start of	After 2 months	After 4 months	After 6 months
(months)	therapy			
Mean $\pm$ SD	$41.4 \pm 20.8$	$31.5 \pm 11.5$	$26.3 \pm 12.4$	$29.3 \pm 5.1$
Range	0 - 80	8 - 50	0 - 40	25 - 35

Table (3) shows the percent of the abnormal forms of sperms, with a mean of

 $41.4 \pm 20.8$  at the start of therapy and  $31.5 \pm 11.5$  after 2 months in 18 patients,

 $26.3 \pm 12.4$  after 4 months in 10 patients and  $29.3 \pm 5.1$  after 6 months in 3 patients.

Abnormal forms were decreasing in most of the patients to normal ranges.

Table (4) motility of sperms in % (percent):

Number of patients	18	18	10	3				
Time of therapy (months)	At the start of therapy	After 2 months	After 4 months	After 6 months				
	First hour							
Mean $\pm$ SD	$29.1 \pm 14.9$	$45.2 \pm 16.6$	$43 \pm 22.1$	$39.6 \pm 30.8$				
Range	0 - 50	0 - 60	0 - 60	5 - 64				
Second hour								
Mean $\pm$ SD	$21.1 \pm 13.9$	$33.1 \pm 14.6$	$35.4 \pm 19.6$	$35.6 \pm 23.7$				
Range	0 - 40	0 - 50	0 - 55	10 - 57				
Third hour								
Mean $\pm$ SD	$18.1 \pm 13.3$	$26.2 \pm 12$	$30.2 \pm 18.6$	$31.6 \pm 23.6$				
Range	0 - 40	0 - 50	0 - 50	5 - 50				
Fourth hour								
Mean $\pm$ SD	$11.8 \pm 10.1$	$18.7 \pm 11.8$	$21.8 \pm 18.1$	$20.3 \pm 20.5$				
Range	0 - 30	0 - 40	0-40	0 - 41				

Table (4) shows the percent of sperm motility with a mean of  $29.1 \pm 14.9$  in the first hour,  $21.1 \pm 13.9$  in the second hour,  $18.1 \pm 13.3$  in the third hour and  $11.8 \pm 10.1$  in the fourth hour, at the start of therapy in 18 patients.

After 2 months of treatment the mean was  $45.2 \pm 16.6$  in the first hour,  $33.1 \pm 14.6$  in the second hour,  $26.2 \pm 12$  in the third hour and  $18.7 \pm 11.8$  in the fourth hour in 18 patients.

After 4 months of treatment the mean was  $43 \pm 22.1$  in the first hour,  $35.4 \pm 19.6$  in the second hour,  $30.2 \pm 18.6$  in the third hour,  $21.8 \pm 18.1$  in the fourth hour in 10 patients.

After 6 months of treatment the mean was  $39.6 \pm 30.8$  after the first hour,  $35.6 \pm 23.7$  in the second hour,  $31.6 \pm 23.6$  in the third hour and  $20.3 \pm 20.5$  in the fourth hour.

These results show that motility improved in most of patients.

## Discussion:

In this study 18 cases of oligospermia patients not responding to the conventional treatment over a period ranged from 2 - 19 years were diagnosed by pendulum and treated by rates and fixed herbal formula.

In the period between 1995 up to 2002 I have treated many cases by combined acupuncture and homeopathic remedies depending on pendulum diagnosis and therapy selection after optimizing its potency and preparing its rates in sugar pellets or water drops by a remedy maker machine. Some patients improved, some did not respond, but in all cases I could not able to differentiate which method is more effective, why there were no response in some cases and at the same time there no scientific basis to depend upon to evaluate patients ' diagnosis and therapy especially with acupuncture. So I refused to publish these results.

One day in 2002 one of my friends sent to me his son, his age was 25 years, married since 3 years, and because he is a very rich man he tried with his son all possible conventional treatments which all failed even two trials of in vitro insemination. Pendulum diagnosis was done, homeopathic medicines, with its potencies were selected and an idea came to me to supplement this therapy with three herbal medicines known in Arabic and western medicines as having beneficial effect in oligospermia. I suggested this way of therapy because the patient lived very far from me and acupuncture therapy was impossible, and my usual data about homeopathy was that it take long time to get effect and in my country if you did not achieve results in short time the patient will change his minds, because complementary medicine is not licensed and at the same time not popular and rejected by most physicians.

After two months I was very surprising because sperm count increased more than 20 millions / ml and motility and abnormal forms also improved. After 4 months sperm count increased 13 millions / ml more after repeating radionic analysis, diagnosis and therapy and motility and abnormal forms became within the normal ranges. His wife became pregnant at the 5<sup>th</sup> month during the third course of therapy and got a male child and another female after one year without any therapy which means that he became normal after both homeopathic and herbal combination and in addition his sperm count increased extra 10 million /ml more without treatment.

The results of this patient obtained after the first two months, encouraged me to try with other oligospermia patients, without trying to test which was more effective homeopathy or herbs , because every patient was exhausted by long time conventional treatment and depressed enough and came for results not for trial. I applied this therapy combination to the eighteen patients I received from 2002 - 2004 and I founded almost good results, sometimes the number of sperm increased by part of million per milliliter slowly, and sometimes many millions rapidly up to the normal ranges of sperm count, motility and abnormal forms.

Now I am satisfied from these early trials that radionic analysis, diagnosis and therapy works, homeopathic rates work and also herbal formula.

I found also it's a chance to evaluate the number and letter classification which I supposed to be helpful for selecting the suitable homeopathic remedies, nosodes, tissue salts, flower remedies, colour and others and also its specific potency and I found it reduced the time of analysis and selection of remedies.

My goal was not to reject the classic homeopathy but trying to facilitate selection of remedies in simple way.

What make me think in this way is how many homeopathic remedies will be in the memory together with all its characters and medical indications from more than three thousand remedies, and if you used the computer to select the specific remedy according to your long exhausting history to collect the data upon which a number of remedies selected by the computer and you select the one with more symptoms of the patient.

This depend on self experience which take long time and vary between practitioner and another, and can not be used to facilitate homeopathic studies in a scientific way especially for the newly growing students of this branch.

How I can systemize all these homeopathic repertories in simple way to avoid confusion between them, to localize the suitable remedy, according to the specific experience of each author.

According to radionic analysis of body energy no one has stable body energy through his daily life which is filled of stress of different types and even foods which can affect the body organ energies in different ways of increase or decrease and in different percentages for each increase or decrease which may range between 0 - 100% and the reverse for decrease also. How can I decide that specific remedy can correct these variations in results which I do not measure, and how much correction will occur after the patient taking the remedy according to the reaction and resistance inside the body, physically and psychologically, which depend on the ability of the body or any of its organs to respond to the given remedy and how much strong or weak the pathogenic agent.

Lastly how can I make homeopathy as a branch accepted by other methods of treatment and based on strong scientific basis.

My own opinion is one way which may open the door for others to think in new ways to reevaluate homeopathy and how to test the new remedy on person which appear clinically normal and used as a control, but really his total or individual body organ energies are not within normal ranges, which will reflected as different symptoms and signs in persons exposed to test of any substance but all have different internal energies, this will give us false positive symptoms and signs by different authors who write on the same remedy.

One way to standardize the homeopathic remedies action is to test them radionically in the reverse way, that means to test which organ or function this remedy is resonating with inside the body, depending on physiological ranges we know.

Diagnosis and treatment of oligospermia by radionic means depend on code number or rate and no active substance is present in treatment, even there is no human interference of any way in the preparation of the medicine, which may change the internal vibration of the substance which affect the physiological functions of the patients.

#### Herbal supplementation:

In this study the eighteen patients received herbal supplement three times daily through the whole time of therapy. These herbs are:

- <u>L carnitine tablets</u>: The main constituent is carnitine which is a substance made in the body and also found in supplements and some food as meat. It appears to be necessary for normal functioning of sperm cells, 3 – 4 grams / day for four months has helped to normalize sperm motility in men with low sperm quality (*Costa*, et al 1994 and Vitali et al 1995).
- 2. <u>Ginseng capsules</u>: Ginseng restore vital energy, increase sexual desire, raise testosterone level, increase sperm count and motility, improve mental activity and overcome the effects of stress. Ginseng strengthens the adrenal and reproductive glands and enhances immune function. It relieves fatigue and stress, increase energy and restore vitality and used in impotence and infertility. (*Balch 2000, PDR 2000*).
- 3. <u>Black seed or black cumin</u>: Black seed is an herb that has traditionally been used for thousands of years in the Middle East, Far East and Asia as an herbal health aid (*Kabal 2002*). It is used for respiratory, stomach and intestinal disorders, kidney and liver dysfunctions, circulatory and immune system support, impotence and male infertility.

### New dimension of radionics in male infertility:

This type of therapy add to conventional method a new dimension, as it improve the functions of prostate, seminal vesicle, tests, epididymis and vas deference, which all share in the formation of semen, and so they are considered vital organs, analyzing them, balancing their energy dysfunction by the specific homeopathic remedy for each of them, ensure that they function normally in order to produce normal semen.

Mature sperms production takes about 70 days, seminiferous tubules in tests, epididymis, vas deference and prostate are responsible for production, mobility and vitality of sperm. If they have energy imbalance their function will be disturbed and this reflected on production, maturation and viability of sperms which may be hindered.

Also more than 90% of seminal fluid added by prostate and seminal vesicle and their dysfunction will affect the volume of semen.

Sperms released from the testes and travel to the epididymis where they become more mature and mobile, then stored until ejaculation. Energy disorder of epididymis affects its function of storage and more maturation and mobility of sperms.

So, for normal semen, all structures sharing in its formation and maintaining its health must be energetically balanced i.e. function normally, and this is the unique effect of radionics in treating idiopathic oligospermia.

Lastly, I summarize the multidimensional role of radionics in idiopathic oligospermia:

- 1. Diagnosis energy or function disorder in clinically normal person.
- 2. Select the indicated homeopathic remedies, tissue salt, flower remedies, nosodes, elements and colour together with its potency i.e. treat the patient by different ways which cooperate and synergize each other.
- 3. Balance all body organs functions, so maintaining the general health of the normal apparent healthy person, but not so, because he had internal organ energy dysfunction and he is not aware of it, and may be the idiopathic cause of oligospermia and not the genital system dysfunction.
- 4. Prove that not every disease is organic in origin, but the energy disorder is the key cause and its balance is the key for therapy.

- 5. Very simple way of diagnosis and therapy because it depend on blood, hair, or any body secretion or excretion for testing and not depend on the presence of patient which may be in another country
- 6. Treatment only is by energetic substances and no side effects at all of its use.
- 7. Can balance body functions of both the male and the female at the same time, so avoid some hidden causes, which can not be explained by conventional medicine or by radionics, but the results explain it.

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